



U3A Batemans Bay INC

Semester 1, 2024

Course Booklet

(current 13 January)

U3A Batemans Bay Inc. Contact Details

Shopfront: second Thursday of each month at the Batemans Bay Library from 10:30 until 12:00.

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Table of Contents

| | |
|---|----|
| <i>Art and Craft</i> | 2 |
| <i>History and Culture</i> | 3 |
| <i>Language</i> | 6 |
| <i>Literary</i> | 7 |
| <i>Personal development</i> | 9 |
| <i>Physical</i> | 10 |
| <i>Recreation</i> | 14 |
| <i>Science and General Interest</i> | 17 |

Art and Craft

24ART01: Fabric Threads and Yarn **Type: Terms: 1234**
Dates: 09/02/2024 - 13/12/2024 **Frequency: Weekly, Fri 13:00 - 15:00**
Venue: Batemans Bay Library Hanging Rock Place Batemans Bay **Tutor: Trish Connolly**
Fee: \$0.00 **Tutor2: Indira Wrigley**

Members work with a wide range of crafts on their own ideas and there are no set projects. These range through patchwork bags, knitted rugs and garments, crocheted toys, embroidered and appliqued items. New members most welcome.

A waitlist will exist and the tutor will accept the members as they enrol.

24ART031: Flirting with Flowers **Type: Terms: 1234**
Dates: 07/02/2024 - 04/12/2024 **Frequency: First week of month, Wed 10:00 - 12:00**
Venue: Tutor home **Tutor: Linda Gorman**
Fee: \$0.00

Flirting with flowers is a fun class open to all. No experience is needed, just a joy playing with flowers. Each month a new technique is explored. There is a one-off cost of \$10 that covers additional materials. Classes are held in Catalina, 10 - 12am, first Wednesday each month. PROGRAM: Feb 7th: In a boot: Adding value by using props. March 6th: Caged flowers: Packaging ideas. April 3rd: Leaves as flowers: Arrangements without cost. May 1st: Wire fan or circle: Minimal cost, high impact, wiring practice. June 5th: Perfect posie support: More alternatives to using floral foam. July 3rd: Windswept: Ideas from nature. Aug 7th: Vegetables as vases: Anything is a vase. September 4th: One colour only: Play with colour. October 2nd (holidays): Succulent Tree: Long lasting arrangements. November 6th: Terrarium: Gardens as gifts. Dec 4th: Wreath: Symbols in floristry.

Participants will need to bring their own flowers and foliage to each session.

24ART04: Your Stories in Photos **Type: Terms: 1234**
Dates: 06/02/2024 - 10/12/2024 **Frequency: Weekly, Tue 10:00 - 13:00**
Venue: Tutor home **Tutor: Margaret Chiswell**
Fee: \$0.00

This course is not decorative scrapbooking. The aim is to get a selection of photos and memorabilia assembled which will show the following generations what life, work, travel, sport, etc were like in our parents' and our lifetime. The journaling is as important as the photos. I help participants develop their own presentation styles. Participants should pre-sort around 60 photos/memorabilia to bring to the first class. I will help them crop, arrange and present their material. No previous experience or artistic ability is required. Class members tend to help one another and the atmosphere is friendly and cheerful.

There is a \$2 fee for each class attended and a once per term charge of \$5 to cover my expenses and the wear and tear on my tools which are available for class use.

24ART051: Taking Care of Bonsai **Type: SHORT**
Dates: 16/02/2024 - 16/02/2024 **Frequency: See below, Fri 10:00 - 13:00**
Venue: Tutor home **Tutor: Ernie Moules**
Fee: \$0.00

Ernie is holding a half-day workshop at the beginning of each semester aimed at teaching the skills necessary to keep Bonsai alive and healthy. We will cover pots and soils, watering and feeding, repotting and positioning Bonsai. Participants are encouraged to bring their own trees along (if they have some) but owning a Bonsai is not a prerequisite for the workshop: just an interest in Bonsai is enough. In fact, there are no prerequisites for the workshop at all. The dates will be 16/2/24 and 26/7/24.

Participants are asked to enrol separately for each session.

24ART06: Sketching Group **Type: Terms: 1234**
Dates: 09/02/2024 - 13/12/2024 **Frequency: Weekly, Fri 10:00 - 12:00**
Venue: Tomakin Sports Club 71 Sunpatch Pde Tomakin **Tutor: Helen Scruton**
Fee: \$0.00

There will be no formal tuition. Group members will support each other, as they have been doing for so long. Unfortunately absolute beginners cannot be catered for. There is no limit on how many can attend this class, since the Tomakin Club allows us as much space as we need. Members can experiment with various media, but please, nothing too messy! If you would like to join this friendly group, contact Helen Scruton (Tutor) on 0412 785 974 or helen.scruton60@gmail.com

24ART07: Doodles and Drawing **Type: Terms: 134**
Dates: 06/02/2024 - 03/12/2024 **Frequency: See below, Tue 10:00 - 12:00**
Venue: BB Marine Rescue Hanging Rock Boat Ramp Batemans Bay **Tutor: Nellie Oldham**
Fee: \$0.00

There is no such comment as 'I can't draw'. Everyone can draw and there is no judge and jury to decide: the most important thing is to put a mark on the paper! We'll start at the beginning: experimenting with different effects, textures and emotions. The same or similar exercises from last year's course will be repeated during the first few weeks. Participants will again move to adding colour to their repertoire. The type of colour is individual - coloured pencils, water based coloured pencils, water paints, acrylics but NO textas.

This course will be held on the first and third Wednesday of each month. What to bring: A3 Visual Arts Diary, 4B or 6B drawing pencil, quality eraser, colour and brushes of your own choice, water container if needed and paper towel/rags. And: your sense of humour! (We take our humour seriously!!) PLEASE NOTE: 1. The course will not be conducted during Term 2. 2. Check dates for terms 1, 3 and 4.

History and Culture

24HIS021: History Forum: Māori Meeting Houses **Type: Terms: 1234**
Dates: 13/02/2024 - 13/02/2024 **Frequency: Fortnightly, Tue 14:00 - 16:00**
Venue: Banksia Village - Grevillea 69 Heath St Broulee **Tutor: Penny Bonnell**
Fee: \$0.00

This program encompasses a wide range of topics from Polynesian Architecture to Native American Dislocation and from Flying Boats in WW11 to Stage Coaches as well as Education for the Deaf Community in NSW. The History Forum meets fortnightly on Tuesdays 2- 4 pm in the Grevillea Centre, Banksia Village, 69 Heath Street, Broulee. Tuesday February 13 – presented by Penny Bonnell: History and Development of Māori Whare – Carved Meeting Houses – in Aotearoa New Zealand. Penny recounts how development of these iconic carved buildings began with the very basic design of Polynesian dwellings. She delves into how they developed into the elaborate carved structures of today that not only embody the ancestors, genealogy and history of the Māori tribes but also embrace many colonial and contemporary elements of building technology and design. Many members may have seen examples of these in their travels to New Zealand but few may be aware of the fascinating and intricate stories told in the very fabric of these elaborate structures. Penny first delivered this presentation to the students in the course on Architecture tutored by Di Fischer-Harman in 2023.

Members must enrol for each individual session and are welcome to attend all or just those sessions that interest them. For all enquiries contact Tutor Penny Bonnell, pbonnell@bigpond.com or phone 0458 253 073.

24HIS022: History Forum: Flower Moon Killers

Type: Terms: 1234

Dates: 27/02/2024 - 27/02/2024

Frequency: Fortnightly, Tue 14:00 - 16:00

Venue: Banksia Village - Grevillea 69 Heath St Broulee

Tutor: Penny Bonnell

Fee: \$0.00

Tuesday 27 February –Beyond the “Killers of the Flower Moon” - the History of the Osage Native Americans - presented by Guest Speaker - Annie Hillie. Recently Martin Scorsese's film "Killers of the Flower Moon" brought into the light part of the history of the Osage Native American people. The movie focuses on the time that the Osages were the richest people in the world. The tribe had bought land to secure themselves a permanent home. Oil discovered there made them both wealthy and prey to evil white men who would stop at nothing to deprive them of their riches. The Reign of Terror of the 1920s is, of course, only a small part of the history of the "Children of the Middle Waters." Annie's talk will encompass this time period, but also the tribe's history both before and after these dreadful events. This is a story of dislocation, conspiracy, fraud, murder and resilience.

Members must enrol for each individual session and are welcome to attend all or just those sessions that interest them. For all enquiries contact Tutor Penny Bonnell, pbonnell@bigpond.com or phone 0458 253 073.

24HIS023: History Forum: Catalina Flying Boats

Type: Terms: 1234

Dates: 12/03/2024 - 12/03/2024

Frequency: Fortnightly, Tue 14:00 - 16:00

Venue: Banksia Village - Grevillea 69 Heath St Broulee

Tutor: Penny Bonnell

Fee: \$0.00

Tuesday 12 March- Catalina Flying Boats Undertake an Epic Journey in WW11 – presented by Guest Speaker Winsome Baker, who first delivered this talk to U3A members in Sydney, shares with us the extraordinary story of how these iconic aircraft were flung into their military deployment in WW11. Propelled by the Japanese attack on Pearl Harbour in 1941, the Catalinas played a vital part in the war in the Pacific. Only recently coming to light, this particular account will fascinate all those who are interested in the extraordinary pioneering flying skills of the pilots and the resilience of their aircraft.

Members must enrol for each individual session and are welcome to attend all or just those sessions that interest them. For all enquiries contact Tutor Penny Bonnell, pbonnell@bigpond.com or phone 0458 253 073.

24HIS024: History Forum: Stage Coaches and Mail

Type: Terms: 1234

Dates: 26/03/2024 - 26/03/2024

Frequency: Fortnightly, Tue 14:00 - 16:00

Venue: Banksia Village - Grevillea 69 Heath St Broulee

Tutor: Penny Bonnell

Fee: \$0.00

Tuesday 26 March – The Book “Stage Coaches and Royal Mail Southern Eastern NSW – 1841 to 1913.”- presented by its local author, Kevin Setter. Winner of the 2023 Fergus Thomson Heritage Award, Kevin says his book covers the Stage Coach's journeys and incidents that he has been able to locate in his research. As this progressed, it involved the mail contracts as well. The book includes the areas of Tarago, Braidwood, Araluen, Moruya, Milton, Bateman's Bay, Bodalla, Nerrigundah, Cobargo, Bega, Tatha, Merimbula, Pambula, Eden. Bemboka to Bega, Bombala to Pambula. The period is from 1841 through to 1913 when motor vehicles commenced to take over. The 180-page book can be purchased on the day for \$30 cash.

Members must enrol for each individual session and are welcome to attend all or just those sessions that interest them. For all enquiries contact Tutor Penny Bonnell, pbonnell@bigpond.com or phone 0458 253 073.

24HIS025: History Forum: Deaf Education History**Type: Terms: 1234****Dates: 09/04/2024 - 09/04/2024****Frequency: Fortnightly, Tue 14:00 - 16:00****Venue: Banksia Village - Grevillea 69 Heath St Broulee****Tutor: Penny Bonnell****Fee: \$0.00**

Tuesday April 9 - The Early History of Deaf Education and Sign Language in NSW – presented by Lee Raper. We have become accustomed to seeing signing for deaf people on our TV screens when politicians are making speeches. This proliferated during the Covid-19 pandemic but have you ever wondered how people with a hearing disability receive their education and how the sign language evolved? Lee will explore this topic and particularly how influences from Britain, France and America affected the education of deaf students and sign language usage in NSW. This fascinating account will also include the changes that have taken place in this field since its commencement in the 1860s.

Members must enrol for each individual session and are welcome to attend all or just those sessions that interest them. For all enquiries contact Tutor Penny Bonnell, pbonnell@bigpond.com or phone 0458 253 073.

24HIS031: The Mavens: Female Thinkers, Dark Times**Type: SHORT****Dates: 19/03/2024 - 09/04/2024****Frequency: Weekly, Tue 9:45 - 12:15****Venue: UoW Hanging Rock Place Batemans Bay****Tutor: Merv Bendle****Fee: \$0.00****Tutor2: Chris Bendle**

The Mavens: Female Thinkers in Dark Times, a four week course, with Mervyn Bendle PhD. Mavens are those who possess exceptional knowledge or insight. This four week course will introduce four of the greatest intellectuals of the 20th Century – Ayn Rand, Hannah Arendt, Simone de Beauvoir and Simone Weil - and explore their lives and ideas as they came of age in the very dark times leading up to World War II and its aftermath. Our course will proceed as follows: Unit 1 (18/3/2024) Ayn Rand (b.1905): The Rational Egoist. An escapee from Communist Russia, Ayn Rand became a philosopher of radical individualism and libertarian ethics. She was also the author of some of the most influential, best-selling, and controversial novels of the 20th Century, *The Fountainhead* and *Atlas Shrugged*, in which she gave fictional form to these heroic and romantic ideals. Unit 2 (25/3/2024) Hannah Arendt (b.1906): *The Life of the Mind*. An escapee from Nazi Germany and author of the epoch-defining book, *The Origins of Totalitarianism*, Hannah Arendt was not only one of the most brilliant philosophers of her time, she was also an intrepid thinker, unafraid of following her incisive critical analyses wherever they might lead; in her case into one of most gruelling and heart-breaking controversies of the 20th Century. Unit 3 (2/4/2024) Simone de Beauvoir (b.1908): *Existentialism & Feminism*. Simone de Beauvoir was the youngest person ever to pass France's elite agrégation exam, the pinnacle of academic achievement. Aged only 21, she placed a narrow second to Jean-Paul Sartre and they soon became lovers and leaders of the Existentialist movement. She was also a great novelist and author of the foundational text of modern Feminism, *The Second Sex*.

Unit 4 (9/4/2024) Simone Weil (b.1909): *From Communism to Mysticism*. Simone Weil excelled even our other Simone as an academic star. A tortured soul consumed by commitment, she rebelled against a comfortable middle-class life and threw herself into working-class activism, the Spanish Civil War, and the French Resistance to Nazism. Exploring the nature of oppression and injustice at their deepest conceivable level, she progressed into a form of mysticism that has ever since intrigued ethicists, theologians, and other scholars of the soul.

24HIS032: The Crusades & the World They Made**Type: Terms: 2****Dates: 30/04/2024 - 02/07/2024****Frequency: Weekly, Tue 9:45 - 12:15****Venue: UoW Hanging Rock Place Batemans Bay****Tutor: Merv Bendle****Fee: \$0.00****Tutor2: Chris Bendle**

INTRODUCTION: The Crusades were an unprecedented event. What possessed people of Western Europe to throw themselves into bloody battles involving two great civilizations, Islam and Byzantium, of which they knew virtually nothing? As well as exploring this intriguing and revealing question, this course explores the continuing impact the Crusading Era has had on global history. PROGRAM: WEEK 1: Holy Warriors; Holy Land: the call to aid. WEEK 2: The First Crusade Part 1: the Mental World of Medieval Europe. WEEK 3: The First Crusade Part 2: the People & the Barons. WEEK 4: The Warrior Monks. WEEK 5: The Second Crusade: Glory & Ignominy. WEEK 6: The Third Crusade: Saladin & Richard the Lionheart. WEEK 7: The Fourth Crusade: Constantinople Betrayed. WEEK 8: The Spanish & Baltic Crusades. WEEK 9: The Albigensian Crusade. WEEK 10: The Crusades in History

24HIS04: Japan's Ancient Pathways**Dates: 02/05/2024 - 06/06/2024****Venue: None****Fee: \$0.00****Type: SHORT****Frequency: Weekly, Thu 14:00 - 16:00****Tutor: Jennifer Brewster**

JAPAN'S ANCIENT PATHWAYS Japan is criss-crossed by a network of ancient pathways and roads, many of which are today being promoted as top walking destinations. Some originated as early salt trade routes, others as pilgrimage trails centering on the Shintō shrines at Ise on the Izu Peninsula. Not to be outdone, the Buddhist priest Kūkai originated the 88 Temple Walk on the island of Shikoku. Shintō supporters then popularized the Old Kumano Road (Kumano Kodō), again on the Izu Peninsula, but linking the capital area of Kyoto/Nara with the Grand Kumano Shrine and Nachi Waterfall. Much later, during the Edo period (1604-1868), shogunate policies aimed at control of the feudal lords led to the development of a system of post roads linking the capital of Edo/Tokyo with the provinces. The best known of these is the Tōkaidō (Eastern Sea Road), immortalized in the three series of woodblock prints by the artist Hiroshige. Now becoming better known is the Nakasendō (Middle of the Mountains Road). And, a great finale, is the poet Matsuo Bashō's travel diary, The Narrow Road to the Deep North (Oku no Hosomichi). The six week course will entail: 1: Yamanobe no michi: an ancient trade and Shintō pilgrimage road 2 Shikoku 88 Temple Pilgrimage (Buddhist) 3 Kumano Kodō (Shintō) 4 Tōkaidō (popular; secular) 5 Nakasendō (Popular; sedular) 6 The Narrow Road to the Deep North (literary)

24HIS07: A Smorgasbord of Faiths**Dates: 05/03/2024 - 02/04/2024****Venue: UoW Hanging Rock Place Batemans Bay****Fee: \$0.00****Type: SHORT****Frequency: Weekly, Tue 14:00 - 15:00****Tutor: Bruce Gorton**

Bruce has offered to run five sessions weekly to discuss various religions from a historical point of view. His subject matter for term 1 will include the Protestant, Roman, and Lutheran faiths as well as Eastern mysticism. Where did the faiths start and what are their historical credentials? Bruce will also delve into our current society to discuss the different religions compared to 40 years ago. This course will include an open dialogue and all participants will be encouraged to ask questions and voice their thoughts. There will be no biased position and all are free to agree or disagree.

Language

24LAN01: Beginner's Italian**Dates: 08/02/2024 - 11/04/2024****Venue: UoW Hanging Rock Place Batemans Bay****Fee: \$0.00****Type: Terms: 1****Frequency: Weekly, Thu 10:00 - 12:00****Tutor: Sharyn Saville**

This is an absolute beginner's Italian course, taught as you learned your mother tongue - by listening, speaking & REPEATING..... You will learn that while Italian is a language of precision, respect & formality, it is also a language of fun, music & passion and SOOO much easier than English! At course end, you may not be able to read The Ritmo Laurenziano in the original or split a Latin infinitive but you will learn how to say your name, buy a two-way ticket to Siena & if your stars align, confidently request a Nespresso & "Broosketta" from George Clooney.

Literary

24LIT010: Armchair Historians

Type: Terms: 1234

Dates: 06/04/2024 - 07/12/2024

Frequency: Once per term, Sat 9:45 - 11:45

Venue: Batemans Bay Library Hanging Rock Place Batemans Bay

Tutor: David Murray

Fee: \$0.00

Armchair Historians are a small group with a common interest in History, broadly defined. We read one book each term and meet at the end of the term to discuss it over 2 hours at the Hanging Rock Library. During 2023 we read and discussed 'Britons', by Linda Colley, 'The Story of Russia' by Orlando Figes and 'Dancing with Strangers' by Inga Clendinnen. We ended the year discussing Timothy Brook's 'Vermeer's Hat', concerned with globalization in the 17th century, the interaction between the European States and China and how the lives of individuals were affected. The first two books scheduled for 2024 are Heather Cox Richardson's 'How the South won the Civil War' and Jonathan Healey's 'The Blazing World'. The first is (intentionally) a very easy introduction to the turbulent political history of the United States after the War of Independence until the election of Ronald Reagan as President in 1980. The second is a recently published very readable history of England in the 17th century. We will discuss the period from the end of Elizabeth's reign (1603) through the Civil War to the execution of Charles I (1648). In term 3 we will take the story from then to the Glorious Revolution (1688), known to some as the invasion of England by the Dutch Stadtholder, William III. (Perhaps an unfortunate coincidence of Christian names with those of monarchs in the recent past, present and probable future.) We are still looking for something less weighty to read in term 4. We meet on the last Saturday morning of each term. The first meeting in 2024 is on April 6th. The venue is Batemans Bay Library Meeting Room. Doors open at 9.30 a.m., discussion starts at 9.45 and terminates at 11.45.

24LIT011: Book group: First Thursday

Type: Terms: 1234 and hols

Dates: 07/03/2024 - 05/12/2024

Frequency: First week of month, Thu 14:00 - 16:00

Venue: The Manor Retirement Village 156 Beach Road Batemans Bay

Tutor: Melinda Hume-Cook

Fee: \$0.00

Meets at 2pm on the first Thursday of each month at 'The Manor' Retirement Village, 156 Beach Road, Batemans Bay. Covering a range of genres, many of our selected books are available from Eurobodalla Libraries.

24LIT012: Book group: First Friday

Type: Terms: 1234 and hols

Dates: 02/02/2024 - 06/12/2024

Frequency: First week of month, Fri 14:00 - 16:00

Venue: The Manor Retirement Village 156 Beach Road Batemans Bay

Tutor: Anne Kirkness

Fee: \$0.00

Meets on the first Friday of each month. 2 pm (14.00 hours). The books chosen for this year are: 2 February: Inge's War, Svenja O'Donnell. 1 March: My Antonia, Willa Cather. 5 April: Papyrus, Irene Vallejo. 3 May: Lessons in Chemistry, Bonnie Garmus. 7 June: Question 7, Richard Flanagan. 5 July: Trust, Hernán Díaz. 2 August: Possession, A.S. Byatt. 6 September: Anam André Dao. 4 October: The Bee Sting, Paul Murray. 1 November: The Magician, Colm Tóibín. 6 December: Choose books for 2025

24LIT013: Book group: Thrillers

Type: Terms: 1234 and hols

Dates: 19/02/2024 - 18/11/2024

Frequency: Third week of month, Mon 14:00 - 16:00

Venue: The Manor Retirement Village 156 Beach Road Batemans Bay

Tutor: Anne Kirkness

Fee: \$0.00

Meets on the 3rd Monday of each month except December and January. This year's books are: 2024 Thrillers 19 February: Mother-Daughter Murder Night: Nina Simon. 18 March: No One Saw a Thing: Andrea Mara. 15 April: The Tilt: Chris Hammer. 20 May: The Blackhouse: Peter May. 17 June: The Exchange: John Grisham. 15 July: The Katharina Code: Jørn Lier Horst. 19 August: A Dark-Adapted Eye: Barbara Vine. 16 September: The Surgeon: Leslie Wolfe. 21 October: Outback: Patricia Wolf. 18 November: The Search Party: Hannah Richell

24LIT015: Book group: Malua Bay **Type: Terms: 1234**
Dates: 22/02/2024 - 28/11/2024 **Frequency: Fourth week of month, Thu 14:00 - 16:00**
Venue: Tutor home **Tutor: Gillian Hall**
Fee: \$0.00

Meets on the fourth Thursday of each month.

24LIT016: Book group: Lilli Pilli **Type: Terms: 1234**
Dates: 07/02/2024 - 04/12/2024 **Frequency: First week of month, Wed 14:00 - 16:00**
Venue: Tutor home **Tutor: Frances Vaughan**
Fee: \$0.00

Meets on the first Wednesday of the month in members' homes.

24LIT017: Book group: Non-fiction **Type: Terms: 1234**
Dates: 21/02/2024 - 27/11/2024 **Frequency: See below, Wed 14:00 - 16:00**
Venue: UoW Hanging Rock Place Batemans Bay **Tutor: Margot Christopher**
Fee: \$0.00

We meet five times per year Wednesday 21 February, Wednesday 24 April, Wednesday 19 June, Wednesday 18 September, Wednesday 27 November

24LIT018: Book group: Second Tuesday **Type: Terms: 1234 and hols**
Dates: 13/02/2024 - 10/12/2024 **Frequency: Second week of month, Tue 14:00 - 16:00**
Venue: Tutor home **Tutor: Ainslie Morris**
Fee: \$0.00

Meets on the second Tuesday of each month, in members' homes between South Durras and Guerrilla Bay. People usually request a group close to home so if anyone wishes to join my group we have a vacancy.

24LIT019: Book group: Last Friday **Type: Terms: 1234**
Dates: 23/02/2024 - 29/11/2024 **Frequency: Once per term, Fri 14:00 - 16:00**
Venue: Tutor home **Tutor: Alan Boyce**
Fee: \$0.00 **Tutor2: Diana Cody**

Meets on the last Friday of each month.

24LIT031: Creative Writing for Pleasure**Type: Terms: 1234****Dates: 07/02/2024 - 11/12/2024****Frequency: Weekly, Wed 13:30 - 16:30****Venue: Batemans Bay Library Hanging Rock Place Batemans Bay****Tutor: Rae Luckie****Fee: \$0.00**

This course is for people who have not completed one of Rae's U3A courses. Do you belong to one of the book clubs and want to learn the techniques writers use to keep you turning the pages? You will have the opportunity to write about people and places, to explore all kinds of writing from memoir to historical fiction and from poetry to flash fiction. Whether you want to write stories for children or compile your family history you will find creative ways to do so. For more information, email Rae Luckie on r.luckie@bigpond.com

There is a small charge of \$2 per session to cover the cost of photocopying and refreshments, payable to Rae.

24LIT032: Creative Writing Continuing**Type: Terms: 1234****Dates: 08/02/2024 - 12/12/2024****Frequency: Weekly, Thu 13:30 - 16:30****Venue: Batemans Bay Library Hanging Rock Place Batemans Bay****Tutor: Rae Luckie****Fee: \$0.00**

This is a continuing course for participants who have attended a writing workshop facilitated by Rae (anywhere). The course will be designed around the needs of participants, those who are working on a project, or those who wish to start a new one. Weekly writing exercises, readings and discussion will continue to inspire creativity. Topics will include a more in-depth approach to some we have already touched on, including developing point of view and voice, the power of words, writing, writing from the senses, writing structures, research and the pleasures and perils of getting published.

There will be a \$2 cost per class, payable to Rae to cover the costs of photocopying and refreshments.

Personal development

24PER01: Philosophy, Friendship and Fun**Type: Terms: 2****Dates: 29/04/2024 - 01/07/2024****Frequency: Weekly, Mon 10:30 - 12:30****Venue: Member home****Tutor: Matti Brown****Fee: \$0.00**

Do you have a curious mind and are given to asking, "I wonder why?" or "What if?" about everything? Are you keen to understand the workings of the human brain and behaviour? Are you interested in joining a group of open-minded people, who share their thoughts and experiences and life-lessons, without judgement – just understanding and consideration of each other's 'journey'? Do you love the idea of playing with paint and crafts to explore the mystery of your own mind? Then this is for you! Each week we explore a different topic; discuss quotes from ancient and modern Philosophers and share our thoughts, feelings and experiences related to the topic...plus, short meditation journeys and visualizations for discussion; plus, as always, lots of jokes. Two weeks we will do craft and painting (mask making, and a mystery of the mind exercise.). This year we'll explore different topics than before, so continuing members are most welcome. Limited to only 10 people and held at the Tutor's home in Sunshine Bay.

MONDAYS: 10.30am -12.30pm. (Except the craft classes, which will finish about 2.30pm - dates to be decided by class. Bring your own lunch on those days.) Please note, for art materials, tea & coffee and munchies, a one-off \$5 donation is asked. Please call Matti 0403 822 301. Leave a message and she'll call you back.

24PER06: Public Speaking**Dates: 05/02/2024 - 02/12/2024****Venue: Soldiers Club 6 Beach Road Batemans Bay****Fee: \$0.00****Type: Terms: 1234 and hols****Frequency: See below, Mon 11:00 - 13:00****Tutor: Amanda Annabel****Tutor2: Marie Cook**

I am qualified as a DTM (Distinguished Toastmaster). I have nearly 20 years of experience in guiding and assisting people to build their self-confidence, to become comfortable in doing presentations to an audience and public speaking, running meetings, and writing speeches. In this group you will learn about different types of presentations, how to prepare the presentations you are interested in, and practice in doing so in a safe supportive space. This can be just to boost your self-confidence or help you when you find yourself on the committee for the kids' soccer or needing to give a toast at your daughter's wedding or presenting your project to your boss. Whatever the speaking situation there are tips and tricks to help. In each session, there will be some education on one aspect of presenting and then practice and feedback. Note-taking won't be required as there will be handouts at each session. The longer you attend the more you learn and the better speaker you will be.

No experience is necessary and we will gently guide you.

24PER08: Healthful Colour, Energy and Humour**Dates: 09/02/2024 - 12/04/2024****Venue: Malua Bay Community Centre George Bass Drive Malua Bay****Fee: \$0.00****Type: Terms: 1****Frequency: Weekly, Fri 10:00 - 12:00****Tutor: Heather Powell**

These sessions will be an exploration of how Colour, Energy and Humour are incorporated into our daily lives. Designed for those who enjoy a Leap Outside the Box and are curious to take a glance beneath the surface of established norms, a good sense of humour is a prerequisite. Course themes include: Investigation into the deeper implications of the role colour plays in our lives. We will become more aware as to why we choose the colours we do. Do colours hold a vibrational quality? What are the impacts of statements such as 'I am seeing red'; 'I am feeling blue'; 'I was green with envy'? Where do these phrases originate? Why energy matters: Do thoughts evoke energy that vibrates as different frequencies within our body? Is it mind over matter, or matter is mind? Is laughter truly the best medicine? We will give thought to statements we regularly make e.g.; 'I am worried sick'; 'I feel high as a kite' or 'I need this like a hole in the head'. Heather will draw on various philosophers, physicists, Eastern mystics, biologists, doctors, alternative healers and anthropologists to bring forward these concepts.

Physical

24PHY01: Active Bodies, Active Minds**Dates: 09/02/2024 - 12/04/2024****Venue: UoW Hanging Rock Place Batemans Bay****Fee: \$0.00****Type: Terms: 1****Frequency: Weekly, Fri 10:00 - 11:00****Tutor: Julia Dive**

Based on the Move to Learn program, this activity is suited to older or less agile members. Using specific movement patterns to improve your balance and coordination, reduce your fear of falling, develop your awareness and increase your brain power, these gentle sessions will help to re-establish good sensory integration, improve body awareness, inhibit primitive reflexes and refresh your brain for further growth and development.

Wear loose comfortable clothing. Bring a mat or towel or blanket. If getting on the floor is a problem you may choose to use a chair. NOTE: Julia will be continuing this course in term 4. Please enrol separately for this.

24PHY02: Balance 'n' Bones Moruya

Type: Terms: 1234

Dates: 05/02/2024 - 09/12/2024

Frequency: Weekly, Mon 10:30 - 11:30

Venue: Moruya Library Bunjala Vulcan Street Moruya

Tutor: Chris Sweeney

Fee: \$0.00

This exercise class is on Mondays at Moruya 10:30 to 11:30 am. The venue is the Bunjala room which is located in the new section of the Moruya Library. We use a DVD published by U3A. Beth Denney takes us through a 45 minute exercise program designed to work the muscle groups as well as stretch them. There is also some resistance work using weights. If you do not have weights then two plastic bottles containing water or sand are excellent substitutes. There are no floor exercises and many of the exercises in the program are ones we are familiar with thanks to our other exercise classes. As a bonus you have the opportunity to go for a coffee after the class at one of the cafes in Moruya.

As the class is following a DVD it is crucial that the people who enrol are used to exercising and feel confident to participate. If you have any questions please don't hesitate to contact me by email: chrisgra52@gmail.com.

24PHY03: Balance 'n' Bones Wednesday

Type: Terms: 1234

Dates: 07/02/2024 - 11/12/2024

Frequency: Weekly, Wed 9:15 - 10:30

Venue: Country Womens Association 158 Edward Road Batehaven

Tutor: Linda Westra

Fee: \$0.00

Tutor2: Ian Saunderson

This course is held at the Country Womens Association Hall, Edward Road Batehaven. Please arrive at 9.15am for 9.30 start. This is an exercise group which uses a DVD published by U3A. Beth Denney takes us through a 45 minute exercise program designed to work the muscle groups as well as stretch them. There is also some resistance work using weights. If you do not have weights then two plastic bottles containing water or sand are excellent substitutes. There are no floor exercises and many of the exercises in the program are ones we are familiar with thanks to other exercise groups.

As the class is following a DVD it is crucial that the people who enrol are used to exercising and feel confident to participate.

24PHY041: Gentle Yoga Monday

Type: Terms: 234

Dates: 29/04/2024 - 09/12/2024

Frequency: Weekly, Mon 10:00 - 11:00

Venue: Stepz Dance Academy 1 Hughes Street Batemans Bay

Tutor: Pauline Smith

Fee: \$0.00

Yoga is about breath control, meditation, the adoption of specific bodily postures. It is widely practised for health and relaxation. Yoga brings not only suppleness to the body but also a sense of spiritual and physical well-being. Yoga moves your body into various positions to stretch and strengthen muscles. It increases mobility, improves your breathing and relaxes your mind. The session starts with breathwork, mindfulness/meditation, warm-ups and continues through a sequence of poses. Regular yoga practice creates mental clarity and calmness, increases body awareness, relieves stress, centres attention and sharpens your concentration. Benefits of yoga: improved strength, posture, balance and flexibility. It helps keep your joints healthy, relieves pain, improves sleep and helps you find your inner peace. For enquiries, contact Pauline Smith by email to: anp.smith@hotmail.com

Please wear comfortable clothes (or exercise attire) and bring your water bottle. Items to bring for your practice: yoga mat (or beach towel), cushion or pillow.

24PHY042: Gentle Yoga Wednesday

Dates: 01/05/2024 - 11/12/2024

Venue:

Fee: \$0.00

Type: Terms: 234

Frequency: Weekly, Wed 16:30 - 17:30

Tutor: Pauline Smith

Yoga is about breath control, meditation, the adoption of specific bodily postures. It is widely practised for health and relaxation. Yoga brings not only suppleness to the body but also a sense of spiritual and physical well-being. Yoga moves your body into various positions to stretch and strengthen muscles. It increases mobility, improves your breathing and relaxes your mind. The session starts with breathwork, mindfulness/meditation, warm-ups and continues through a sequence of poses. Regular yoga practice creates mental clarity and calmness, increases body awareness, relieves stress, centres attention and sharpens your concentration. Benefits of yoga: improved strength, posture, balance and flexibility. It helps keep your joints healthy, relieves pain, improves sleep and helps you find your inner peace. For enquiries, contact Pauline Smith by email to: anp.smith@hotmail.com

Please wear comfortable clothes (or exercise attire) and bring your water bottle. Items to bring for your practice: yoga mat (or beach towel), cushion or pillow.

24PHY05: Go with the Flow

Dates: 08/02/2024 - 12/12/2024

Venue: Hanging Rock Cnr Beach Rd & Hanging Rock Place Batemans Bay

Fee: \$0.00

Type: Terms: 1234

Frequency: Weekly, Thu 9:30 - 10:45

Tutor: Virginia Pascoe

For all fitness levels, movement and flexibility are important during our senior years. Go with the Flow is a 75 minute practice incorporating aspects of yoga, meditation, stretching, movement, balance, etc. We will begin with some relaxing breath work before commencing our warm-up sequence. Then a series of movements and poses designed to increase strength and flexibility as well as balance. Every person has a different body and different abilities. If a pose is uncomfortable or you can't hold it, don't worry, it is perfectly fine. Poses can be modified to take into account your individual abilities. If you need to ask whether this class is suitable for you, please contact the tutor.

Please wear comfortable clothes. What to bring: a yoga mat, 2 yoga blocks (or 2 books), yoga strap (or a stable belt), towel, cushion or pillow and drinking water. NB: There will be no sessions in March. Some sessions will need to be in the Basketball Stadium at Hanging Rock.

24PHY06: Scottish Country Dance

Dates: 05/02/2024 - 09/12/2024

Venue: Mechanics Institute Hall Nelli Nelligen

Fee: \$0.00

Type: Terms: 1234

Frequency: Weekly, Mon 12:00 - 14:00

Tutor: Janine Holden

This course is held every Monday, beginning on the 5th of February. Scottish Country Dancing is for everyone. You don't have to be Scottish. You don't need to bring a partner. Being mobile, a pair of soft-soled shoes, comfortable clothing and a bottle of water is all you need. The venue is the Nelligen Hall at Nelligen. Benefits include: Exercise, Social interaction, Brain training, Fun, Available around the world.

24PHY07: Walking for Seniors**Dates: 08/02/2024 - 12/12/2024****Venue: None****Fee: \$0.00****Type: Terms: 1234****Frequency: Weekly, Thu 8:30 - 9:30****Tutor: Pauline Smith****Tutor2: Helen Westman**

One of the best exercises for seniors is walking. It's accessible, low-impact and is one of the most effective forms of exercise for those with heart problems, arthritis or recovering from an injury / illness. Seniors can regain strength with regular exercises done in a slow and safe way. An eight-year study looking at activity tracker data from 78,500 people found walking for 30 minutes a day led to a reduced risk of heart disease and dementia. (NYT September 30,2022). Walking helps strengthen your muscles, bones and keep your joints flexible. Improve your social life and join our weekly walk. Walking is a great way to go out and meet people or socialise with your friends. The activity runs for 60 minutes consisting of a 10 minute warm-up before the walk, a leisurely 40 minute walk along the waterfront and finishes with a 10 minute stretch. If you have any questions, please send email to: anp.smith@hotmail.com. Note: Helen will guide the group walk for term 1 and both tutors will continue the walk for terms 234. Helen's email: mackerhj@yahoo.com.au

The group will meet at the Clyde Street Bus Interchange between Starfish and Innes Boatshed, preferably 5-10 minutes before 8:30 a.m. A degree of mobility is required, and the walk will not be suitable for people who use a cane or walker. Please wear shoes for walking (sneakers) and bring your water bottle.

24PHY081: Fitness for Retirees 9.30**Dates: 06/02/2024 - 10/12/2024****Venue: Country Womens Association 158 Edward Road Batehaven****Fee: \$0.00****Type: Terms: 1234****Frequency: Weekly, Tue 9:30 - 10:30****Tutor: Lyn Percival**

A fun fitness class for retirees. We use a combination of hand weights, exercise bands and body weight to build our strength and cardio fitness. An hour-long class divided into warm up, strength training, cardio in a chair and balance exercises. There is no lying down. All done in or behind a chair. Everyone encouraged to progress at their own rate, with options for those who may carry an injury. Please wear loose clothing. For queries, please contact the tutor: Lyn Percival E:lynette.percival@bigpond.com M:0438174028

Equipment requirements: Two 1kg hand weights and a stretch band. These may be purchased from the Sports Store or K Mart.

24PHY082: Fitness for Retirees 11.00**Dates: 06/02/2024 - 10/12/2024****Venue: Country Womens Association 158 Edward Road Batehaven****Fee: \$0.00****Type: Terms: 1234****Frequency: Weekly, Tue 11:00 - 12:00****Tutor: Lyn Percival**

A fun fitness class for retirees. We use a combination of hand weights, exercise bands and body weight to build our strength and cardio fitness. An hour-long class divided into warm up, strength training, cardio in a chair and balance exercises. There is no lying down. All done in or behind a chair. Everyone encouraged to progress at their own rate, with options for those who may carry an injury. For enquiries please contact the tutor: Lyn Percival E:lynette.percival@bigpond.com M:0438174028

Please wear loose clothing. Equipment requirements: Two 1kg hand weights and a stretch band. These may be purchased from the Sports Store or K Mart.

24PHY09: International Folk Dancing**Dates: 06/02/2024 - 10/12/2024****Venue: Salvation Army 25-27 Old Prices Highway Batemans Bay****Fee: \$0.00****Type: Terms: 1234****Frequency: Weekly, Tue 13:30 - 15:00****Tutor: Bruce Munro****Tutor2: Joan Miller**

This group enjoys simple dances from Greece, Turkey, Bulgaria, and Israel. We will learn traditional and non-traditional European and both North and South American dances. Sessions will aim to teach 2-3 dances, with opportunity to repeat one or two favourites to finish up. New members are most welcome. The tutor role will be shared: if you feel that you are able to lead for one or more of your favourite folk dances, please contact Bruce at munrox@protomail.com.

We meet in the Salvation Army Garden Room. Dress lightly (and in layers, as dancing heats you up) and flat shoes + bring a water bottle.

24PHY10: Tai Chi**Dates: 08/02/2024 - 12/12/2024****Venue: Malua Bay Community Centre George Bass Drive Malua Bay****Fee: \$0.00****Type: Terms: 1234****Frequency: Weekly, Thu 10:00 - 11:30****Tutor: Jan McLachlan****Tutor2: Sonia Collins**

Developed for people suffering from arthritis, this type of tai chi is GENTLE exercise which promotes flexibility, strength and balance, raises confidence, and promotes better health and self-esteem. There are benefits involved in the balance component, increasing muscular strength around joints, better health, sociability, and self-confidence. Tai Chi helps reduce falls and helps maintain an active and independent life. New members are most welcome.

No prerequisite required - 2 tutors - so one can work with beginners (or those not familiar with this form of Tai Chi) and the other with those more experienced.

Recreation

24REC01: Monthly Movie Group**Dates: 01/03/2024 - 06/12/2024****Venue: Perry Street Cinemas Perry Street Batemans Bay****Fee: \$0.00****Type: Terms: 1234****Frequency: First week of month, Fri 10:00 - 14:00****Tutor: Carolyn McKendry**

See a movie as a group the first Friday of the month, with coffee or lunch either before or after depending on the time of the movie. Emails will be sent out each month informing you of the chosen movie. Start times vary - usually between 10am and 2pm. Members are responsible for their own costs.

24REC02: U3A Dinner Group**Dates: 02/02/2024 - 12/04/2024****Venue:****Fee: \$0.00****Type: SHORT****Frequency: See below, Fri 18:00 - 22:00****Tutor: Margot Christopher****Tutor2: Dianne Grigson**

One event only will be organised in Term one unless a new group leader can be found. Bookings Essential. The emphasis is on reasonably priced venues although these are becoming more difficult to find. Prices will vary and there is an additional charge of \$1 for kitty. Dinner group members will be emailed two weeks in advance with details of the upcoming event and it is an opt-in system. New members are most welcome - come along and get to know your fellow members.

Restaurant attendance of 30 is required for discount pricing.

24REC03: U3A Singers**Dates: 08/02/2024 - 12/12/2024****Venue: Salvation Army 25-27 Old Prices Highway Batemans Bay****Fee: \$0.00****Type: Terms: 1234****Frequency: Weekly, Thu 14:30 - 16:30****Tutor: Lyn Brown****Tutor2: Des Hill**

The aim of the course is for U3A members to sing their hearts out together in joyful and happy harmony. Our group is organised and conducted by Lyn Brown, ably assisted by Des and Pauline Hill and accompanied by our pianist, Julie Stuart. There may be occasional performances at some of the retirement homes in our locality along with some Christmas Carols in conjunction with the Salvation Army, but the accent is on singing for pleasure. The musical content will be music from all ages and for all ages. Lots of old favourites, some two-part harmony and occasionally something you may not have heard before. New Members most welcome. Please note the starting time of 2.30 pm will apply all year. The contact person for this course is Des Hill.
Telephone:0429 178 152

24REC04: Gourmet Gardeners**Dates: 20/02/2024 - 19/11/2024****Venue: Member home****Fee: \$0.00****Type: Terms: 1234****Frequency: Third week of month, Tue 12:00 - 14:00****Tutor: Margaret Allen****Tutor2: Julie Ballard**

A friendly and enthusiastic group of growers of edible vegetables and fruits. We grow a wide range of varieties so as to be able to sample the different taste delights of home produce. Sustainable growing is encouraged. Meetings are held once a month at venues to be advised, at 12.00pm on the 3rd Tuesday, unless a special event is organised. Members will share their growing experiences, so that others might learn from them. A growing body of knowledge specific to the area is being developed and disseminated freely. Group members are encouraged to share seeds, plants and seedlings, information knowledge, produce and plants. The group is run cooperatively and members are encouraged, (but this is not compulsory) to host one meeting during the year, either by organising a home visit or a speaker or a visit to a place of interest to the group. Members bring their own lunch, often from their garden produce. Communication between meetings is by email. Both new and seasoned gardeners are very welcome.

If members wish, we also meet in the holidays.

24REC052: Solving Cryptic Crosswords Together**Dates: 08/02/2024 - 12/12/2024****Venue: Club Catalina 154 Beach Road Batemans Bay****Fee: \$0.00****Type: Terms: 1234****Frequency: Weekly, Thu 10:30 - 12:00****Tutor: Peta Bourne**

We meet each week in the Catalina Club main Lounge. The class will tackle two or three cryptic crosswords in each session. Small groups will go through the crossword and solve as many clues as they can and then we'll come together to provide the answers and explain how each answer has been solved. The course is suitable for people who have dabbled in cryptic crosswords (including those who have done the Cryptic Crosswords for Beginners course), as well as those who are complete beginners. By explaining the answers, newcomers will learn, over time, how clues are structured and how to identify the different types of clues.

24REC061: Southside Sippers - Wine Appreciation Gr**Dates: 05/02/2024 - 13/12/2024****Venue: Member home****Fee: \$0.00****Type: Terms: 1234****Frequency: See below, Mon 0:00 - 0:00****Tutor: Jean Baker**

Our wine groups consist of people who are interested in exploring wine with food. Some have formal dinners, others meet informally. Our group, the South Side Sippers, meets in members' homes monthly, and we are currently looking for new members. Anyone interested in joining us please contact Jean Baker on 0419 403 193. The time and day are decided when the venue is set.

If you are interested in forming your own group, please contact Lyn Farrant, Course Coordinator at Coordinator1.u3a.bb@gmail.com..

24REC062: Grape Expectations**Dates: 21/02/2024 - 20/11/2024****Venue: Member home****Fee: \$0.00****Type: Terms: 1234****Frequency: Third week of month, Wed 17:00 - 20:00****Tutor: Julie Ballard****Tutor2: Margaret Turner**

Our Wine Appreciation Group usually meets on the 3rd Wednesday of each month, however it can be changed to suit a particular activity. The format is that members nominate a month that they would like to host the evening. They then choose the wines to taste and plan a menu. The preparation of that menu is shared between those members attending. The tasting wines are then available to have with the meal. We try to have one trip away each year to an area where we can visit several different wineries. Julie Ballard is the group facilitator. Her contact details are 0414 941 829.

24REC063: Southern Sensations**Dates: 04/02/2024 - 08/12/2024****Venue: None****Fee: \$0.00****Type: Terms: 1234****Frequency: Short course , Sun 11:00 - 16:00****Tutor: Dianne Grigson****Tutor2: Chris Sweeney**

Southern Sensations is a group that is looking to take advantage of the beautiful south Eurobodalla coast, its wineries, its restaurants and the various events which promote good food and excellent wine. The group is based in Moruya and meets once a month on a Saturday or Sunday. You will know a month in advance where we are off to. Members buy their own food and we look for BYOs so that we can share different wines. Anyone is welcome to promote their favourite wine, place or adventure. Come join us for a great day out: pleasant company, intelligent conversation and a wander around our fabulous environment. 2024: Saturday May 4th is the oyster festival at Narooma and we will be organising to go there for lunch as well as enjoy all the fun of the festival. We are looking to start the year (February) with a bang so if you know a great place, (preferably airconditioned) please don't keep it to yourself. In the cooler weather we are off to the Tilba Winery to experience their food and wine..looks absolutely fabulous! Other suggestions include a sunset barbecue at Shelly Beach, Raymonds at Malua Bay and Chez Dominique at Moruya.

24REC07: Let's play Scrabble**Dates: 07/02/2024 - 11/12/2024****Venue: Moruya Golf Club Board Room Evans St Moruya****Fee: \$0.00****Type: Terms: 1234 and hols****Frequency: Weekly, Wed 13:00 - 15:00****Tutor: Gail Warren Smith**

We are playing in the boardroom at the Moruya Golf Club. Coffee and cake or a glass of wine is available. Everyone who is interested in playing Scrabble is welcome. We are looking for beginners and experienced players. Bring along your Scrabble set if you have one but there will be several sets there.

24REC08: Canasta at the Manor**Dates: 09/02/2024 - 13/12/2024****Venue: The Manor Retirement Village 156 Beach Road Batemans Bay****Fee: \$0.00****Type: Terms: 1234****Frequency: Weekly, Fri 13:00 - 16:00****Tutor: Carol Bennett****Tutor2: Dianne Wade**

Join this friendly group each Friday afternoon at this popular venue. New players are most welcome. You do not need to have a partner. Please contact Carol Bennett (02 4472 2120) if you wish to join the group.

24REC09: Beginners Bridge**Dates: 06/02/2024 - 09/04/2024****Venue: BB Bridge Club 52A Orient St Batemans Bay****Fee: \$0.00****Type: Terms: 1****Frequency: Weekly, Tue 10:00 - 12:30****Tutor: Karen Creet****Tutor2: Lyn Farrant**

During this course we will cover all the basics of the game of Contract Bridge which is a trick-taking card game using a standard 52-card deck. Each week includes lessons and supervised play sessions. You will play a number of deals or hands, and explore the three key elements of the game - how players bid in an auction to specify how many tricks the partnership needs to take to receive points for the deal; tips on how to play the cards to maximise the number of tricks, and tools for the defenders to stop their opponents from achieving their goal.

Science and General Interest

24SGI01: Andrew's Discussion Group**Dates: 09/02/2024 - 13/12/2024****Venue: Moruya Golf Club Board Room Evans St Moruya****Fee: \$0.00****Type: Terms: 1234 and hols****Frequency: Weekly, Fri 10:00 - 11:30****Tutor: Andrew Elek**

This discussion group looks at current events and outlook. The emphasis is on economics, technology and climate change, internationally and in Australia. The sessions are moderated by Andrew Elek who circulates articles for discussion and questions. Participants are encouraged to circulate articles as well. Please contact Andrew if you are interested in joining the group.

24SGI04: Architecture**Dates: 08/02/2024 - 12/12/2024****Venue: UoW Hanging Rock Place Batemans Bay****Fee: \$0.00****Type: Terms: 1234 and hols****Frequency: Fortnightly, Thu 14:00 - 16:00****Tutor: Di Fischer-Harman**

Architecture embraces so much of our lives and we will explore all aspects, from the materials used, eras, styles, architects, and even "my dream home". Join in on the long and enjoyable journey. The sessions will be run by the attendees, doing a little research and presenting to the participants. With a nice long list of topics, it will not be crusty or dull! Hopefully, we can find some experts in the membership who would give us a talk or two, or how about all those holidays and photos, just itching to be shared? Looking forward to hearing from you, and meeting you at our first session! Di Fischer-Harman